



# Dover District Children's Centres Timetable November - December 2021

Timetable runs  
until  
10/12/21

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Buckland Baby Massage</b> 9.30am-10.30am or 11.00am - 12.00pm	<b>Buckland Baby Group</b> 9.30am-10.30am or 11.00am-12.00pm		<b>Samphire Baby Group</b> 9.30am-10.30am or 11.00am-12.00pm	<b>Sunflower Ones to Twos Group</b> 9.30am-10.45am or 11.15am-12.30pm
<b>Sunflower Baby Massage</b> 9.30am-10.30am or 11.00am-12.00pm	<b>Samphire Bookstart Group</b> 10.00am-11.15am		<b>Buckland Ones to Twos Group</b> 9.30am-10.45am or 11.15am-12.30pm	<b>Blossom Baby Group</b> 9.30am - 10.30am or 11.00am - 12.00pm
<b>Samphire Ones to Twos Group</b> 9.30am-10.45am or 11.15am-12.30pm	<b>Blossom Understanding Your Child's Feelings and Behaviour Group</b> 10.00am-11.30am		<b>Sunflower Bookstart Group</b> 10.00am-11.15am	
<b>Blossom Ones to Twos Group</b> 1.00pm-2.15pm or 2.45pm-4.00pm		<b>Samphire Baby Massage</b> 12.30pm-1.30pm	<b>Buckland Little Talkers</b> 1.15pm-2.30pm	
<b>Buckland Understanding Your Child's Feelings and Behaviour Group</b> 1.00pm-2.30pm	<b>Samphire Baby Massage</b> 12.30pm-1.30pm	<b>Sunflower YAPS Group</b> 1.00pm-2.30pm	<b>Sunflower Baby Group</b> 12.30pm-1.30pm or 2.00pm-3.00pm	
	<b>Blossom Baby Massage</b> 12.00pm-1.00pm or 1.30pm-2.30pm	<b>Blossom Little Talkers</b> 1.00pm-2.15pm	<b>Aylesham Library Bookstart Group</b> 1.30pm-2.45pm	

Booking is essential - to book a place for a family  
please call the relevant Children's Centre:

Buckland and Whitfield - St. Nicholas Church, The Linces, Dover, CT16 2BN  
03000 414941

Blossom - The Downs Primary School, Downs Road, Walmer, Deal, CT14 7TL  
03000 411555

Samphire - Aycliffe Primary School, St. David's Avenue, Aycliffe, CT17 9HJ  
03000 420882

Sunflower - Eythorne Elvington Primary School, Adelaide Road, Eythorne, CT15 4AN  
(Aylesham Library - Aylesham Community Centre, Ackholt Road, Aylesham, CT3 3AJ)  
03000 415858

## Baby Group

For babies from newborn to walking. A chance to meet and chat with other parents and carers and gain information from our team of Early Help Support Workers. A safe environment for babies to play, explore and socialise with other babies.

## Baby Massage

For babies from six weeks to crawling. Enables parents and carers to learn about and respond to their baby's body language and to support their baby to feel safe and secure.

## Ones to Twos Group

For 1-2 year olds, focusing on a different theme each term, such as messy play, music, stories and more. A chance to meet and chat with other parents and carers, a safe environment for your toddler to play, learn and socialise.

## YAPS

For parents and parents to be who are under 20 years old. Support to become a more confident parent, opportunities to make new friends, information about returning to work or college, fun sessions, and access to health services.

## Bookstart Group

For 2-4 year olds, to promote communication and positive interaction between a parent and their child, to support the development of early language through sharing stories, books and rhymes. Resources will be provided to further support their child in the home environment

## Little Talkers

For children aged 2 years+. Take part in relaxed activities that help engage and improve speech development, improve attention and listening skills, and give parents/carers techniques and methods for continuing at home.

## Understanding Your Child's Feelings and Behaviour Group

A safe, supportive, non-judgemental group for parents / carers and children to learn new techniques, ideas and strategies to better understand and manage their child's feelings and behaviour. Includes fun activities for parents/carers to do with their child(ren) and weekly 'Top Tips', useful literature and resources.

For more information please email [ddscc@kent.gov.uk](mailto:ddscc@kent.gov.uk)  
Follow us on Facebook @doverdistrictcc

